

Dojo Karate - Elk River 763-441-2467

Master Stormoen
5th Degree Black Belt


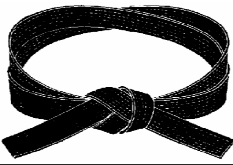
Mr. Duncan
3rd Degree Black Belt

Mr. Hauer
3rd Degree Black Belt

Mr. Jex
2nd Degree Black Belt

Mr. Erickson
1st Degree Black Belt

Mr. Kemna
1st Degree Black Belt

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Teen Black Belts <i>Ms. Dickmeyer</i> <i>Ms. Eason</i> <i>Ms. Kangas</i> <i>Ms. Rollins</i> <i>Ms. Huntington</i>	11:15 All Belts Adult	Kickboxing <i>Mr. Falenschek</i>	11:15 All Belts Adult	Like us on Facebook <i>Dojo Karate Elk River</i> October 3rd, 2016	9:30 White, Gold, & Green Junior	
	12:00 All Juniors		12:00 All Junior		10:00 Sparring Junior	
			10:45 Purple & Above Junior			
			11:15 INTRO / Private Class More details in the Office			
			11:30 Character Development Master's Club Members			
			11:45 All Belts/Pre-test Adult			
	3:45 INTRO	3:45 INTRO	3:45 INTRO		3:45 INTRO	4:30 White to Green Junior
	4:15 Mighty Tigers/Dragons Beginner	4:15 Mighty Dragons Green & Above	4:15 Mighty Tigers/Dragons Beginner		4:15 Mighty Dragons Green & Above	5:00 Purple & Above Junior
	4:45 Green & Purple Junior	4:45 Blue, Red, & Brown Junior	4:45 White & Gold Junior		4:45 All Blue & All Red Junior	5:30 Weapons Training BBC/Master's Club
	5:15 White & Gold Junior	5:15 Green & Purple Junior	5:15 Blue, Red, & Brown Junior		5:15 Green & Purple Junior	6:00 All Belts Adults
5:45 All Blue & All Red Junior	5:45 White & Gold Junior	5:45 INTRO / Private Class More details in the Office	5:45 White & Gold Junior			
6:15 INTRO / Private Class More details in the Office	6:15 Sparring Junior	6:00 Green & Purple Junior	6:15 Cardio & Conditioning Junior - Master's Club	Required Equipment All Classes Hand & Foot Pads Sparring Classes All Sparring Gear Cardio Kickboxing Gloves & Cardio Shirt Grappling Cardio Shirt		
6:30 Brown & Black All Ages	6:45 INTRO / Private Class More details in the Office	6:30 Tricks & Tumbling Master's Club	6:45 INTRO / Private Class More details in the Office			
7:15 Sparring Adult	7:00 Black Belts All Ages	7:15 All Belts Adult	7:00 Brown & Black - Forms & Details All Ages			
8:00 White to Red Adult	7:30 White to Brown Adult	8:00 Cardio Kickboxing Adult BBC & Master's	7:45 White to Red Adult			
	8:15 Ground Self-Defense Master's Club			Requirements for Promotion *4 Black Stripes * Hand & Foot Pads * At least 1 Red Stripe * Be current on Tuition		
				Master's Program  Unlimited Classes Black Uniform Weapons Training Advanced Martial arts Training Leadership Training		
NEW STUDENTS START HERE FREE UNIFORM ONE MONTH OF CLASSES \$14.95	Starter's Program 2-3 classes per week		Black Belt Club 4 classes per week Earn your Black Belt!! Sparring Classes			

Graduation day is the second Tuesday of every month. No evening classes on graduation day. All grad fees are due.