



Dojo Karate - Elk River 763-441-2467

Mr. Stormoen
4th Degee Black Belt

Mr. Teachout
1st Degee Black Belt

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
Junior Black Belts Liz Lapolice Angel Jex	11:15 All Adults	Adult Black Belts Kaitlin Otto Dalton Duncan	11:15 All Adults		9:00 Leadership Class Everyone			
	12:00 All Juniors		12:00 All Junior		9:45 Green & Above Sparring Junior			
	WWW.DOJOKARATE.COM Effective Monday, October 3rd, 2011					10:30 White & Gold Junior		
						11:00 White & Gold Adult		
3:45 INTRO	3:45 INTRO	3:45 INTRO	3:45 INTRO	3:45 INTRO	11:30 INTRO			
4:15 Mighty Dragons White & Gold	4:15 Mighty Dragons Green & Above	4:15 Mighty Dragons White & Gold	4:15 Mighty Dragons Green & Above	4:30 Gold, Green, & Purple Junior	11:45 Green thru Red Adult			
4:45 Green & Purple Junior	4:45 Advanced Red & Above Junior	4:45 White & Gold Junior	4:45 All Blue & Red Junior	5:00 Blue & Above Junior	12:30 Pre-Test Class Adv. Red & Above Adult			
5:15 All Blue & Red Junior	5:15 White & Gold Junior	5:15 Green & Purple Junior	5:15 Advanced Red & Above Junior	5:30 Gold, Green, & Purple Adult				
5:45 White & Gold Junior	5:45 All Blue & Red Junior	5:45 Advanced Red & Above Junior	5:45 Green & Purple Junior	6:15 Blue & Above Adult				
6:15 Advanced Red & Above Junior	6:15 Green & Purple Junior	6:15 All Blue & Red Junior	6:15 White & Gold Junior					
6:45 INTRO	6:45 INTRO	6:45 INTRO	6:45 INTRO					
7:00 Grappling/Ground Self Defense See Office for Details	7:00 Black Belts All Ages	7:00 White & Gold Adult	7:00 Brown & Black Adult	Required Equipment All Classes Hand & Foot Pads Sparring Classes All Pads				
7:30 White & Gold Adult	7:30 All Blue, All Red, & All Brown Adult	7:30 Green, Purple, & All Blue Adult	7:45 White, Gold & Green Adult	Requirements for Promotion *4 Black Stripes Hand & Foot Pads * At least 1 Red Stripe * Be current on Tuition				
8:00 Green & Above Sparring	8:15 White, Gold, Green, & Purple Adult	8:15 Red & Above Adult	8:30 Purple, Blue, & Red Adult	Graduation fee turned in BEFORE graduation day.				
NEW STUDENTS START HERE FREE UNIFORM ONE MONTH OF CLASSES \$14.95		 Black Belt Club 4 classes per week Earn your Black Belt!! Sparring Classes		 Master's Program Unlimited Classes Black Uniform Weapons Training Advanced Martial arts Training Leadership Training				

Graduation day is the second Tuesday of every month. No evening classes on graduation day. All grad fees are due.