



Dojo Karate - MAPLE GROVE 763-955-3656



MR. MORSE
3rd Degree Black Belt

DOJO

Karate

| Monday |
|---|
| <i>Instructors</i> Mr. G. Morse Ms. Fuhrman Mr. Stennes Mr. Finnestad Mr. Christy Ms. Greninger |

| Tuesday |
|---------------------------|
| Intro / Private class |
| 11:30 All Adults |
| 12:15 Introductory Lesson |
| 12:30 All Juniors |

| Wednesday |
|--|
| <i>Kickboxing</i> Mr. Falanschek |

| Thursday |
|---------------------------|
| Intro / Private class |
| 11:30 All Adults |
| 12:15 Introductory Lesson |
| 12:30 All Juniors |

| Friday |
|---|
| <i>Junior Instructors</i> Mr. Hubbard Mr. Fuhrman Mr. McGuire |

| Saturday |
|--|
| 8:45 Leadership Development Black Belts |
| 9:30 Junior White/Gold Mighty Dragons & Tigers |
| 10:00 BBC & Masters Club Character Building/Leadership |
| 10:30 Sparring Junior Green & Above |
| 11:30 Bo & Exodus Masters & BBC Only |
| 12:00 Advanced Training & Pre-test Everyone |

ASK ABOUT PRIVATE LESSONS

| |
|---|
| 3:30 Private Lessons |
| Intro / Private class |
| 4:30 Mighty Dragons & Tigers |
| 5:15 Green & Purple Junior |
| 5:45 Blue & Red Junior |
| 6:15 Adv. Red & Above Pad Drills Masters & BBC Only |
| 6:45 White & Gold Junior |
| 7:15 Adult / Introductory Lesson |
| 7:30 White Thru Blue Adult |
| 8:15 Adv. Blue & Above Adult |

| |
|---|
| 4:00 Team Evolution Practice |
| Intro / Private class |
| 4:30 Mighty Dragons & Tigers |
| 5:00 Introductory Lesson |
| 5:15 White & Gold Junior |
| 5:45 Green & Purple Junior |
| 6:15 Ninja Warrior Class Masters & BBC Only |
| 6:45 Blue & Above Junior |
| 7:30 White & Gold Adult |
| 8:15 Sparring Everyone |

| |
|--|
| 3:30 Private Lessons |
| Intro / Private class |
| 4:15 Mighty Dragons & Tigers |
| 5:00 Red & Above Junior |
| 5:30 Green Thru Blue Junior Dynamic Sparring Drills |
| 6:00 White & Gold Junior |
| 6:30 Kickboxing Masters & BBC Only |
| 7:15 Adult / Introductory Lesson |
| 7:30 White & Above Adult |

| |
|--|
| 4:00 Team Evolution Practice |
| Intro / Private class |
| 4:30 Mighty Dragons & Tigers |
| 5:00 Introductory Lesson |
| 5:15 White & Gold Junior |
| 5:45 Green & Purple Junior |
| 6:15 Blue & Red Junior |
| 6:45 Adv. Red & Above Pre-test |
| 7:30 Warm up 7:45 Black Belt Class Masters & BBC Only All Ages |
| 8:15 White & Above Adult |

| |
|---|
| 4:00 Private Lessons |
| Intro / Private class |
| 4:30 Mighty Dragons & Tigers |
| 5:00 White Thru Purple Junior |
| 5:30 Blue Thru Red Junior |
| 6:00 Advanced Workout Class Masters & BBC Only All Ages |
| 6:45 Grappling/Ground Self Defense Masters & BBC Only |

Birthday Parties
Now Taking Reservations

Effective 10/01/2018

Graduation is the 1st Thursday of every month. All graduation fees are due before that day. Hand and Foot Pads are required. Check your handbook for specific requirements.

| NEW STUDENTS START HERE |
|-------------------------|
| Uniform \$14.95 |

| Starter's Program |
|--------------------|
| 2 classes per week |



Black Belt Club
4 classes per week
Earn your Black Belt!!
Sparring Classes



Master's Program
Unlimited Classes
Black Uniform
Weapons Training
Advanced Martial arts Training
Leadership Training