

Dojo Karate - Elk River 763-441-2467

Master Stormoen
6th Degree Black Belt

Mr. Duncan
3rd Degree Black Belt

Mr. Hauer
3rd Degree Black Belt

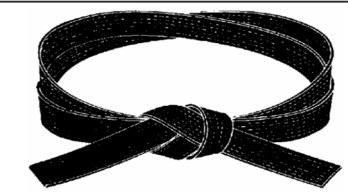
Mr. Jex
2nd Degree Black Belt

Mr. Kemna
2nd Degree Black Belt

Ms. Eason
2nd Degree Black Belt

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	11:15 All Belts Adult	Kickboxing <i>Master Falenshek</i> 5th Degree Black Belt	11:15 All Belts Adult		9:30 White, Gold, Green, & Purple Junior
	12:00 All Juniors		12:00 All Junior		10:00 Sparring Junior
Like us on Facebook Dojo Karate Elk River October 1st, 2018					
Email us at elkriver@dojokarate.com WWW.DOJOKARATE.COM					
3:45 INTRO	3:45 INTRO	3:45 INTRO	3:45 INTRO	3:45 INTRO	11:00 Blue & Above Junior
4:15 Mighty Tigers/Dragons	4:15 Mighty Dragons	4:15 Mighty Tigers/Dragons	4:15 Mighty Dragons	4:30 White to Green Junior	11:30 Character Development Master's Club Members
4:45 White, Gold, Green, & Purple Junior	4:45 All Blue & All Red Junior	4:45 White, Gold, Green, & Purple Junior	4:45 All Blue & All Red Junior	5:00 Purple & Above Junior	11:45 All Belts/Pre-test Adult
5:15 INTRO / Private Class More details in the Office	5:15 All Browns All Ages	5:15 INTRO / Private Class More details in the Office	5:15 Cardio Kickboxing Junior - Master's Club	5:30 Weapons Training BBC/Master's Club	
5:30 Ground Self-Defense Junior - Master's Club	5:45 INTRO / Private Class More details in the Office	5:30 All Blue & All Red Junior	5:45 Cardio & Conditioning Junior - Master's Club	6:00 All Belts Adults	
6:00 All Blue & All Red Junior	6:00 White, Gold, Green, & Purple Junior	6:00 Brown & Black All Ages	6:15 White, Gold, Green, & Purple Junior	Required Equipment All Classes Hand & Foot Pads Sparring Classes All Sparring Gear Cardio Kickboxing Gloves & Cardio Shirt Grappling BJJ Uniform	
6:30 INTRO / Private Class More details in the Office	6:30 INTRO / Private Class More details in the Office	6:45 Tricks & Tumbling Master's Club	6:45 INTRO / Private Class More details in the Office		
6:45 Brown & Black All Ages	6:45 Black Belts All Ages	7:30 White to Red Adult	7:00 Brown & Black - Forms & Details All Ages	Requirements for Promotion *4 Black Stripes * Hand & Foot Pads * At least 1 Red Stripe * Be current on Tuition	
7:30 White to Red Adult	7:30 Ground Self-Defense Master's Club	8:15 Cardio Kickboxing Adult BBC & Master's	7:45 White to Red Adult		
8:15 Sparring Adult	8:00 White to Red Adult				

Starter's Program
1-2 classes per week



Black Belt Club
3 classes per week
Earn your Black Belt!!
Sparring Classes



Master's Program

- Unlimited Classes
- Black Uniform
- Weapons Training
- Advanced Martial arts Training
- Leadership Training
- Grappling Classes
- Kickboxing Classes

Graduation day is the second Tuesday of every month. No evening classes on graduation day. All graduation fees are due.