

Hi everyone!

We hope you're adjusting to the new online training style. We are trying to adjust also! Thank you to those who have provided feedback to help us improve. We have a few ideas that we hope will help everyone out.

The number one concern was if this is mirror image or not. So, moving forward every instructor will be wearing a wristband on their right hand only. This should help everyone with the left/right question.

The other concern was quality of attention to you. The challenge of online training is interaction so to help this, we will be restructuring our schedule.

Moving forward we will be separating belts to 1 or 2 belts at a time. We will also be sharing the teaching schedule with all our Instructors from each Dojo Karate school. This should allow us to run a full daily schedule as well as being able to offer individual training sessions. We will be running daily Zoom classes on **692-336-335**. Check your email for a detailed schedules. During these classes, interaction will be limited to audio and video for the instructor only.

We will be scheduling individual classes with a different ID. This new structure will start on Thursday March 19<sup>th</sup>.

Instructions on how to install ZOOM will be emailed, posted on Facebook, and archived on your kicksite account. Feel free to call us with any questions that you might have on installation.

Together we will get through this.

#DOJOSTRONG

Thank you for your support!

DOJO Karate