



# Dojo Karate Buffalo

## 763-684-1000

For Kids, For Adults, For Life!



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

**Head Instructors**

Master Houscht 6th Degree  
Mr. Newman 3rd Degree

**Assistant Juniors**

G. Jarl 2nd Degree  
Mr. Hicks 2nd Degree  
Mr. Johnson 2nd Degree

11:30

White thru Black  
Adults

**Intro / Private Class**

12:15

MT/MD/ White thru Black  
Juniors

**Assistant Teenage Instructors**

Mr. Hillukka 2nd Degree  
Ms. Hintz 1st Degree  
E. Jarl 2nd Degree

11:30

White thru Black  
Adults

**Intro / Private Class**

12:15

MT/MD/ White thru Black  
Juniors

**Assistant Team Members**

Ms. Saewert 3rd Degree  
Mr. Offen 3rd Degree

**Kickboxing Instructor**

Master Falenshek 5th Degree

**Ground Self Defense Instructor**

Mr. Newman 3rd Degree

8:45

**Adult Kickboxing**

Adults

9:30

No / White / Gold  
Mighty Dragons / Tigers

10:00

Green & Above Sparring  
Juniors

**Intro / Private Class**

10:45

Character Building  
**All Masters Club Members**

11:00

Weapons  
**All Masters Club Members**

11:30

White thru Black  
Adults

**Effective Date**

10/14/2019

3:45

**Intro / Private Class**

4:15

All  
Mighty Dragons / Tigers

**Intro / Private Class**

4:45

No / White / Gold  
Juniors

5:15

Green / Purple  
Juniors

5:45

Blue thru Red  
Juniors

6:15

Junior Kickboxing  
**All Masters Club Members**

6:45

Adv. Red thru Black  
Everybody

7:30

**Adult Kickboxing**  
**All Masters Club Members**

8:15

White thru Red  
Adults

3:45

**Intro / Private Class**

4:15

All  
Mighty Dragons / Tigers

4:45

Blue thru Red  
Juniors

**Intro / Private Class**

5:15

No / White / Gold  
Juniors

5:45

Green / Purple  
Juniors

6:15

Masters Club Practice  
**All Members**

6:30

Adv. Red / Black  
Everybody

**Intro / Private Class**

7:30

Green & Above Sparring  
Adults

8:15

White thru Green  
Adults

3:45

**Intro / Private Class**

4:15

All  
Mighty Dragons / Tigers

4:45

Adv. Red thru Black  
Juniors

5:30

Green / Purple  
Juniors

**Intro / Private Class**

6:00

No / White / Gold  
Juniors

6:30

Blue thru Red  
Juniors

7:00

Ground Self Defense  
Juniors / Adults

**All Masters Club Members**

7:45

Adv. Weapons Training  
**All Masters Club Members**

8:15

White thru Black  
Adults

3:45

**Intro / Private Class**

4:15

All  
Mighty Dragons / Tigers

4:45

Green / Purple  
Juniors

**Intro / Private Class**

5:15

No / White / Gold  
Juniors

5:45

Blue thru Red  
Juniors

6:15

Advanced Sparring Drills  
Everybody

6:45

Adv. Red thru Black  
Everybody

7:30

Team Evolution  
Team Members & Tryouts

8:15

White thru Brown  
Adults

3:45

**Intro / Private Class**

4:15

No / White / Gold  
Mighty Draons / Tigers

4:45

Green thru Adv. Red  
Juniors

5:15

Tricks/Tumbling  
**All Masters Club Members**

6:00

Brown / Black  
Everybody

**Intro / Private Class**

6:45

All Adults

**Ground Class**

**Equipment Required**

Cardio Shirt, Grappling Gi  
and Camo Belt

**Kickboxing Class**

**Equipment Required**

Cardio Shirt, Karate Pants  
Belt, Kickboxing Gloves  
Hand Wraps and Foot Pads

**Ninja of the Month**

Have to take character building  
class

**Black Belt Club**

4 Classes Per Week  
Earn Your Black Belt  
Sparring Classes

**Master Club**

Unlimited Classes  
Ground & Kickboxing Classes  
Advanced Weapons Training  
Advanced Sparring Training  
Black Uniform

**Birthday Parties**

NOW TAKING RESERVATIONS

**Graduation is held the 2nd Thursday of every month**

**No Evening Classes that Day**

Grad fees must be paid before graduation  
Hand and foot pads are required at graduation

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www.dojokarate.com