

2018

Practice Schedule

Practice Times:

Sparring Friday in Monticello @ 7:15pm

Forms Saturday in Rogers @ 3pm



January

- ❖ NO Practice 5th & 6th
- ❖ NO Practice 12th & 13th
- ❖ **NO PRACTICE 19th & 20th**
AKA GRANDS CHICAGO***
- ❖ NO Practice 26th & 27th

February

- ❖ Practice 2nd & 3rd
- ❖ Practice 9th & 10th
- ❖ Practice 16th & 17th
- ❖ Practice -23rd & 24th
- ❖ **25th- TWIN CITIES RUMBLE (ALSO 2017 WORLD QUALIFIERS for Black Belts)**

March

- ❖ Practice 2nd & 3rd
- ❖ Practice 9th & 10th
- ❖ Practice 16th & 17th
- ❖ Practice 23rd & 24th
- ❖ Practice 30th & 31st

April

- ❖ Practice 6th & 7th
- ❖ Practice 13th & 14th
- ❖ **15th – NCKA FINALS**

**Spring Advanced Graduation
&**

**All American Karate Cup
TO BE ANNOUNCED**

Upcoming Tournaments

- **January 19th & 20st AKA Grand National*****
- **February 25th - Twin Cities Rumble**
- **April 15 - NCKA Finals**
- **TBA -All American Karate Cup**

***** Instructors approval needed**

Find Registrations, Rules and Submit Black Belt Points at nckablackbelt.com

If you are unable to practice or compete, please still come and support your Team Mates!

Good Luck This Season!