

**2018**

## Practice Schedule

### Practice Times:

Sparring Friday in Monticello @ 7:15pm

Forms Saturday in Rogers @ 3pm



### January

- ❖ NO Practice 5<sup>th</sup> & 6<sup>th</sup>
- ❖ NO Practice 12<sup>th</sup> & 13<sup>th</sup>
- ❖ **NO PRACTICE 19<sup>th</sup> & 20<sup>th</sup>**  
**AKA GRANDS CHICAGO\*\*\***
- ❖ NO Practice 26<sup>th</sup> & 27<sup>th</sup>

### February

- ❖ Practice 2<sup>nd</sup> & 3<sup>rd</sup>
- ❖ Practice 9<sup>th</sup> & 10<sup>th</sup>
- ❖ Practice 16<sup>th</sup> & 17<sup>th</sup>
- ❖ Practice -23<sup>rd</sup> & 24<sup>th</sup>
- ❖ **25th- TWIN CITIES RUMBLE (ALSO 2017 WORLD QUALIFIERS for Black Belts)**

### March

- ❖ Practice 2<sup>nd</sup> & 3<sup>rd</sup>
- ❖ Practice 9<sup>th</sup> & 10<sup>th</sup>
- ❖ Practice 16<sup>th</sup> & 17<sup>th</sup>
- ❖ Practice 23<sup>rd</sup> & 24<sup>th</sup>
- ❖ Practice 30<sup>th</sup> & 31<sup>st</sup>

### April

- ❖ Practice 6<sup>th</sup> & 7<sup>th</sup>
- ❖ Practice 13<sup>th</sup> & 14<sup>th</sup>
- ❖ **15<sup>th</sup> – NCKA FINALS**

**Spring Advanced Graduation  
&**

**All American Karate Cup  
TO BE ANNOUNCED**

### Upcoming Tournaments

- **January 19<sup>th</sup> & 20<sup>st</sup> AKA Grand National\*\*\***
- **February 25th - Twin Cities Rumble**
- **April 15 - NCKA Finals**
- **TBA -All American Karate Cup**

**\*\*\* Instructors approval needed**

**Find Registrations, Rules and Submit Black Belt Points at [nckablackbelt.com](http://nckablackbelt.com)**

If you are unable to practice or compete, please still come and support your Team Mates!

## **Good Luck This Season!**